

NATURE PLAY LIST

15 WAYS TO ENJOY NATURE WITH YOUR FAMILY

1. Visit Singapore Zoo and other parks to find out about different groups of animals.
2. Go on a colour hunt! Find natural items of different colours.
3. Build mini rafts out of natural materials only (no plastic) and float them in a pond or in the sea.
4. Take photos of heritage trees at the Botanic Gardens.
5. Pitch a tent at East Coast Park.
6. Create an insect with sticks and leaves.
7. Watch a sunrise or sunset.
8. Have a picnic at a park.
9. Go for a nature walk at night.
10. Create patterns using items found in nature.
11. Discover what lives in a pond.
12. Go on a hike at the Southern Ridges.
13. Spend a day at Pulau Ubin.
14. Follow an ant trail and see where it begins.
15. Make a leaf rubbing artwork with paper and crayons.